## Tortilla Casserole

Courtesy of www.adventuresinwomanland.com

6 servings/6 WW Points per serving

1 lb. extra lean ground beef 15oz. kidney beans 14.5oz. diced tomatoes

4oz. chopped green chiles 1 pkg. taco seasoning 6 corn tortillas

1 cup nonfat sour cream 3oz. shredded cheddar 2 Tbs. chopped cilantro
Preheat oven to 350. Brown beef in skillet. Drain. Return to skillet and stir in tomatoes, beans, taco
seasoning and chiles. Reduce heat to medium, and simmer for 5 minutes. Spray 9x13 pan with cooking
spray. Cut tortillas in half. Line pan with 6 halves. Cover with half of meat mixture. Layer sour cream. Layer
remaining tortillas, then remaining meat mixture. Bake for 25 minutes. Remove from oven, sprinkle with
cheese, and cover for 5 minutes. Sprinkle with cilantro and serve.